A Comparative Study of Emotional Intelligence scale value Commitment Between kabbadi and kho-kho players in Marathwada.

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Introduction:
Emotional intelligence is the aggregate mental capacity or energy of an individual to not purposefully, to think rationally, and to deal effectively with one’s environment. Intelligence involves awareness is goal directed and has value. It is an ability to undertake the activities that are difficult, complex and which lead to the creation of something new and different. Intelligence of an individual plays an important role in affecting physical performance. The more complex and the more interpretative the movement, the greater the amount of intelligence necessary to comprehend. Sport activities involves complex skilled action. Since all skilled behaviour is intelligent behaviour, relationship between sport performance and intelligence cannot be denied. This scale importance for sports performance.

Commitment:- An engagement or obligation that restricts freedom of action.

Comparative study:- Involving comparison two or more subject.

Objective:-

The main purpose of the study was to compare the emotional intelligence scale commitment between kabbadi and kho-kho players in marathwada.

Hypothesis:-

There will be no significant differences in emotional intelligence scale commitment between kabbadi and kho-kho players in marathwada.

Sample

A sample of subject consisting 120 kabbadi & 120 kho-kho male which were randomly selected from various senior colleges in marathwada different district.
Tools of the Study:

Emotional intelligence and sub-scale adopted by Aunukool hyde et. Al was used to measure emotional intelligence. This inventory provides commitment dimensions.

Statistical procedure:

The data attained from inventory were statistically treated using Mean, S.D, and ‘t’ Test.

Result:

<table>
<thead>
<tr>
<th>Variables</th>
<th>Student’s</th>
<th>N</th>
<th>Mean</th>
<th>S.D.</th>
<th>‘t’ ratio</th>
</tr>
</thead>
<tbody>
<tr>
<td>commitment</td>
<td>Kabbadi player</td>
<td>120</td>
<td>8.37</td>
<td>1.17</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Kho kho player</td>
<td>120</td>
<td>8.29</td>
<td>1.41</td>
<td></td>
</tr>
</tbody>
</table>

Not significant

Finding:

From the result it was found that with regard to commitment of kabbadi and kho-kho players, they have obtained the mean values of 8.37 and 8.29 respectively which are given in Table No.1 reveals that the not significant different was found in (‘t’=0.5).

Conclusion:

In this study found kabaddi player had more slightly commitment tendency as compare kho kho players. In this study hypotheses was accepted.

References